



**MAY 21st
REGISTRATION
DEADLINE**

FCCHRI

MINI CONFERENCE

PRESENTED BY Tracey Cheney, M.Ed

TUESDAY June 1st "Conscious Discipline—An Intro" -

This introduction to Conscious Discipline will give you a taste of what this social emotional program is all about, and sets the tone of what future trainings will consist of with its brief overview. Conscious Discipline is a self regulation program that provides systematic changes by fostering emotional intelligence of teachers and children. It will help you learn how to respond to life events, rather than to react unconsciously from a set of pre programmed skills that may or may not be effective, or wise. Conscious = aware of/responding to; Discipline = to teach.

THURSDAY June 10th - "Conscious Discipline—Moving Along, Part 1"

In this training, we will do a brief review of the Introduction to Conscious Discipline, and then we get right to learning about the first of the 7 Powers of for conscious adults, as well as the first of seven skills of the Conscious Discipline approach. The Power of Perception states that no one can make you feel angry without your permission. This power is aligned with the skill of Composure, that will lead us into learning about several different structures to put into place in our programs for practicing new strategies, for both adults and children. We want to remember that Conscious Discipline is an "Adults first" model. As adults learn about the powers and practice the skills, they will be able to put them in motion with the children. Let's go!

6-8PM

\$35 FCCHRI MEMBERS **\$45** NON MEMBERS
REGISTRATION FEE IS FOR BOTH WORKSHOPS

CLIP AND MAIL YOUR REGISTRATION FORM AND CHECK MADE OUT TO FCCHRI
To: FCCHRI c/o Jackie Toracinta 146 Evarts St. Newport, RI 02840

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